

# Heatree School Menu 2022-23

## BREAKFAST

A selection of cereals, toast with honey, jam or marmalade, a selection of yogurt, fresh fruit, fruit juice, milk, tea or coffee.

## PACKED LUNCH

Filled bap with various choices of fillings, crisps, homemade snack bar, apple or orange and a drink.

## DINNER

**Monday** Pasta bake and salad and garlic bread

**Tuesday** Chicken pie, mashed potatoes, peas and sweetcorn

**Wednesday** Sausages, chips and baked beans

**Thursday** Roast turkey, roast potatoes, fresh vegetables, Yorkshire puddings and pigs in blankets

## DESSERT

### Monday - Wednesday

One of the following (different each day): apple crumble, syrup sponge with custard, chocolate brownie with chocolate sauce, sticky toffee pudding and toffee sauce or Manchester tart

**Thursday** Ice cream with homemade honeycomb and flavoured sauces, or fresh fruit

## EVENING SUPPER CAKE

One of the following (different each day): shortbread, millionaire shortbread, cupcakes, melting moments, flapjacks, iced sponge squares.

