

## Schools Kit List

Our location on Dartmoor means that the weather can be unpredictable and change quickly, you can often have several seasons in one day!

Please ensure pupils have appropriate outdoor clothing and footwear on arrival.

Whether you are taking part in an activity session or not, we recommend you bring the following:

### Clothing

- At least two changes of outdoor clothing
- Waterproof coat and trousers
- Several warm tops e.g. fleece, jumper or sweater
- Clothing for when not on activity sessions
- Hat, gloves, scarf and sun hat

### Footwear

- An old pair of trainers if taking part in wet or muddy activities
- A second pair of trainers or walking shoes
- Wellington boots - can be provided if available
- Slippers or other indoor shoes
- Water/beach shoes are **NOT** appropriate for outdoor activities

### Bedding

- Duvet cover or sleeping bag (pillows, single duvets and bedsheets are provided)

### Other

- Lunch box and drinks bottle for packed lunches – use this to bring your own lunch on the first day and then for lunches provided through the week
- Large shower towel and toiletries
- Medication e.g. asthma inhaler/epi-pens or other medication required
- Sun cream and insect repellent
- Day bag/small rucksack
- Do not bring non-essential electronic devices or valuables