

# Experience

Adventure Awaits at Heatree Activity Centre



## Experiential Learning

Designed to build confidence, resilience and teamwork, combining thrilling outdoor adventure activities with personal development and wellbeing



## Adventures on Dartmoor

A safe and supportive environment in the heart of Dartmoor National Park in South West England

## Supporting Their Development

An adventure residential is a valuable life experience for every child. Time spent outdoors supports mental wellbeing while promoting physical, social and emotional development.

Set in the stunning wilderness of Dartmoor National Park, our activity programmes give pupils the chance to push beyond their perceived limitations, build confidence and resilience, and develop positive relationships with peers.

Christian themes are woven throughout the programme with an inspiring daily assembly that encourages pupils to reflect on their experiences. As they take on challenges such as scaling a climbing wall, navigating a forest, or mastering a new skill, pupils are supported to consider what they are learning about themselves, others and the world around them. Choose from activities such as:

- **Climbing Tower**
- **Kayaking**
- **Raft Building**
- **Low Adventure**
- **High Ropes**
- **Archery**
- **Bushcraft**
- **Bronze age Roundhouse**
- **Mountain Biking**

